

Body Treatments

Mud Wrap \$125

Detoxifies, revitalized and refreshes the body with an exfoliating caffeinated sugar massage followed by a warm botanical mud mask for the body.

Sea Algae Wrap \$125

Skin will be softer and more supple after this exfoliating salts massage followed by a sea algae mask over your entire body.

Salt/Sugar Glow \$49

An exfoliation treatment using sea salt or grains of cane sugar and aromatherapy oils of your choice. The mixture is then wiped off with warm towels leaving your skin soft, smooth and glowing.

Nail Care

Manicure	\$22
French Manicure	\$27
Executive Pedicure (30 min)	\$35
Definition Spa Pedicure (60 min)	\$55
Acrylic Full Set	\$45+
Acrylic Fill	\$25+
Acrylic Backfill	\$55
Acrylic Removal	\$20
Gel Full Set (tip extension)	\$50+
Gel Fill	\$30
Gel Overlay	\$35+
Gel Soak Off	\$10
Polish Change	\$11
Nail Art	\$5+
Paraffin Dip add on (for feet or hands)	\$6
Hand Paraffin Treatment	\$10

Wedding Services

Definition Salon and Spa is Southwest Iowa's Premier Wedding Services Destination. We cater to all size wedding parties. Choose from a-la-carte services or customize a package just for you. For more information or to book your party, call Carole Coffelt at 712.256.9935.

DEFINITION Salon and Spa

Monday 12 pm—6 pm

Tuesday—Friday 10 am—8 pm

Saturday 9 am—4 pm

Sunday Closed



GIFT CARDS AVAILABLE
FOR ALL OCCASSIONS



Prices and services are subject to change
without notice.

Carole Coffelt, Owner

WWW.GET-DEFINED.COM

DEFINITION Salon and Spa

Salon and Spa Services

928 Valley View Drive, Ste. 2

Council Bluffs, IA 51503

712.256.9935

www.Get-Defined.com

Hair Cuts & Styles

Men's Cut	+ Prices Starting at
Beard/Mustache Trim	\$23+
Child's Cut, Age 12 & under	\$12
Infant's Cut, Age 3 & Under	\$15+
Women's Cut	\$10
Women's Cut & Style	\$25+
Women's Shampoo & Style	\$32+
Flat Iron only	\$23+
Bang Trim	\$22+
Shampoo	\$12+
Shampoo & Scalp Massage	\$12
Reconstructor	\$17
Party Formal	\$15
Hair Extensions	\$48+
	TBD

All Cuts include shampoo & blow dry

Chemical Services

Color Retouch	\$37+
Color (Single Process)	\$47+
Corrective Color	\$65+
Highlight Full	\$40+
Highlight Partial	up to \$30
Accent Highlight	\$25+
Men's Highlight	\$65+
Permanent Wave Full	\$45+
Permanent Wave Partial	\$75+
Design Wrap	\$65+
Retexturizing/Relaxer	\$15
Consultation	\$9
Each Additional Application	

Waxing Services

Facial Waxing		
1 Area	\$14	3 Areas \$28
1/2 Arm		\$27+
Full Arm wax		\$35+
1/2 Leg wax		\$43+
Full Leg wax		\$65+
Chest/stomach		\$38+
Back		\$38+
Shoulder/Nape		\$28+
Underarm		\$27
Bikini Wax		\$33
Extreme Bikini		\$55
Other Wax		Priced on Consultation

Facials

Definition Signature Custom Facial	30 Min	\$38
	1 Hour	\$60
<i>Deep-pore/deep-tissue cleanse, exfoliate, balance, and correct.</i>		
Corrective Facial 1 hour		\$65
<i>Brighten and even out skintone, condition and rebalance the skin & correct any problem areas.</i>		
Calming Facial 1 hour		\$65
<i>Deep-pore/deep-tissue cleanse, soothe and calm sensitive skin or skin with rosacea.</i>		
Acne Facial 1 hour		\$65
<i>To target non-inflamed acne (black/white heads) and inflamed acne (papules/pustules.)</i>		
Men's Facial		\$60
<i>Customized treatment designed specifically for men will help skin looking younger, healthy and clear.</i>		
Extra-Strength Exfoliating Treatment		\$60
<i>Help reduce fine lines, lightened pigmented spots, smooth and soften skin texture and minimize the appearance of enlarged pores.</i>		
Custom Blend Mask add on to any Facial		\$2+
Aromatherapy add on to any spa service		\$6

Chemical Peels & Micros

Glycolic Chemical Peels—20% and 30%	\$57
Package of 6	\$285
<i>This procedure can restore sun-damaged, enlarged pores, wrinkles, blemishes, acne scarred, blotchy skin to it's original youthful appearance.</i>	
Microdermabrasion	
Single Session	Package of 3
\$110	\$290
	Package of 6
	\$550
Ear Candling	\$47
Makeup Application	\$22
Bridal or Special Occasion Makeup	\$25+
Eye Lash Extensions (full set)	\$175
Eye Lash Fill	\$45+

Other Services

Massage

Definition Signature Massage

Customized just for you! This massage incorporates several styles of massage to give you a one of a kind experience.

30 Min	\$38	60 Min	\$65	90 Min	\$102
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Swedish Massage

Help release toxins from the body with this relaxing and rejuvenating massage. Perfect for those new to massage.

30 Min	\$38	60 Min	\$65	90 Min	\$102
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Pregnancy Massage

30 Min	\$38	60 Min	\$65
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Deep Tissue/ Neuromuscular Therapy

Relieve sore muscles and increase muscle performance in sport and in everyday life. Deep Tissue and Neuromuscular Therapy help relieve and promote the healing muscles through the use of deep pressure and heat/cold therapy. Benefits everyone.

30 Min	\$54	60 Min	\$76	90 Min	\$115
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Hot Stone Massage

The ultimate in relaxation. Warm stones are used to deeply penetrate the muscles, soothing away aches and pains. A full body experience not to be missed.

30 Min	\$60	60 Min	\$90	90 Min	\$110
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Spot Treatment

30 minute massage that focuses on the arms, legs, or back. Ideal for painful, problem areas.

30 Min	\$54
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Reflexology

Based on the idea that there are reflexes in the feet and hands which correspond to every part of the body. By stimulating and applying pressure to the feet or hands, you are increasing circulation and promoting specific bodily and muscular functions

30 Min	\$58
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Couples Massage

Share a massage with someone you love.

60 Min	\$130	90 Min	\$180
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Chair Massage

A quick and easy way to get a relaxing massage without having to get on the table. Great for those with trouble lying flat and for those getting their first massage.

\$1.25 per Min. / 10 Min. Minimum
